

# Connect to nature

Hello!

We wanted to give you some great ideas to help you really connect with nature.

## Let's get started

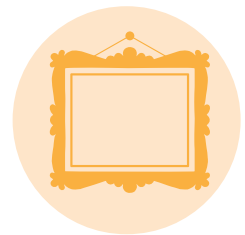
Here's some fun and simple ideas you can do whilst outdoors.



Make and wear a wild crown



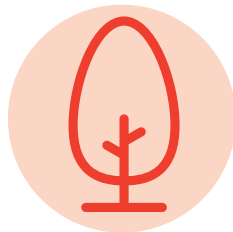
Lie down and watch the clouds



Collect natural items and create a nature art picture



Build a den



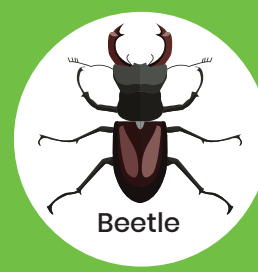
Create a story about a tree near you



Look up and stargaze

## Minibeast hunt

See if you can find all these little creatures and tick them off as you find them. Or you could create a metre square using sticks or string on the ground and see what different bugs you see in it.



# Scavenger hunt

See how many things you can spot on a scavenger hunt, can you tick them all off?

<b>Squirrel</b>  <input type="checkbox"/>	<b>Animal tracks</b>  <input type="checkbox"/>	<b>Tall trees</b>  <input type="checkbox"/>
<b>Spider's web</b>  <input type="checkbox"/>	<b>Pine cone</b>  <input type="checkbox"/>	<b>Twig shaped like a letter</b>  <input type="checkbox"/>
<b>Rabbit</b>  <input type="checkbox"/>	<b>Brightly coloured bird</b>  <input type="checkbox"/>	<b>Acorn</b>  <input type="checkbox"/>
<b>Colourful rock</b>  <input type="checkbox"/>	<b>Flowers</b> (please don't pick them)  <input type="checkbox"/>	<b>Treasure</b> (to you)  <input type="checkbox"/>

## Take it further

Connecting with nature doesn't have to stop after completing this worksheet, continue enjoying the outdoors with more fun activities.

## Sleep out under the stars

Continue your adventure and sleep out in the garden, on a camping trip or with friends.

## Home sweet home

Make a home for your local wildlife - such as a bug hotel, a hedgehog house or a bird box.

## Green fingers

There are seeds and bulbs that can be planted in your garden, balcony or windowsill all year round. What will you plant?

Share your experience - don't forget to tell your friends about your wonderful adventure and inspire them to get outdoors too. #GenerationGreen



## Join us

If you've enjoyed these activities and would like to find out more about Girlguiding and how to join check out our website [Girlguiding.org.uk](http://Girlguiding.org.uk)

## About Generation Green

Generation Green is a 16-month funded project that aims to connect young people to nature, create and save jobs, and build an aspirant workforce for a green recovery.



Registered charity number 306016.

