



Reflect

Pick a card

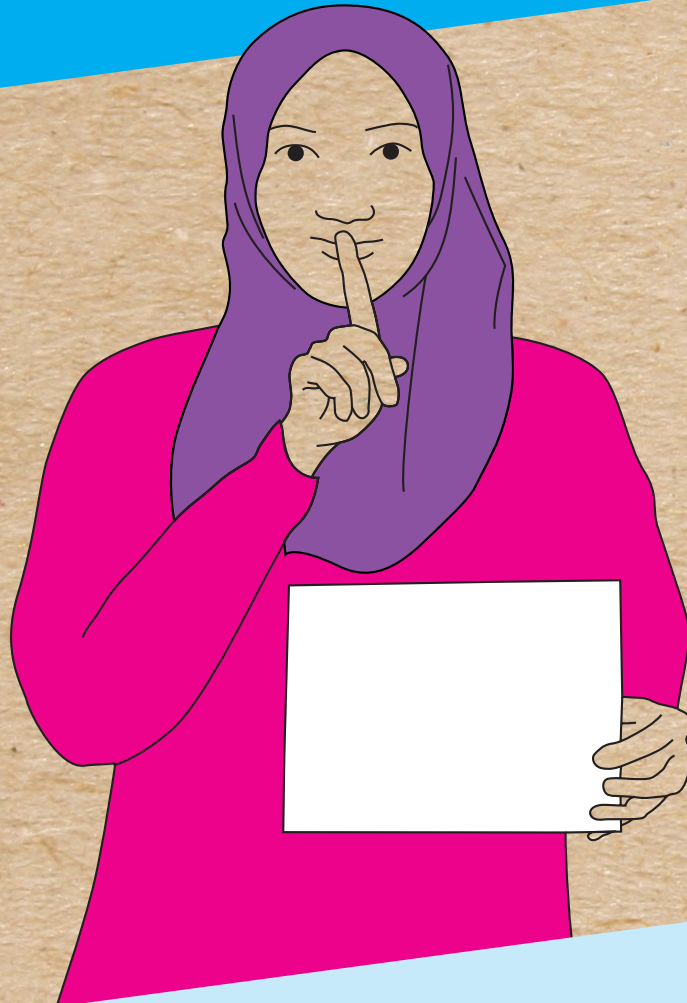
Stage

4

45 mins



Skills builder



What you'll get out of it

- Discover new perspectives.
- Practise being open-minded.
- Empathise with other people.

What you'll need

- A5 card, 1 sheet per girl
- Pens

Aim of activity

It's not always easy to understand things from someone else's point of view. Take on a new perspective and see if it can help you to become more open-minded.



WE DISCOVER, WE GROW

Girlguiding



Reflect

Note to leader

Check groups choose suitable topics for their discussions.

What to do

1 Get into groups of three or four and choose a topic you all have different opinions about. It could be something light-hearted like the best kind of potatoes (Chips? Mash? Roast?), or something more serious like the age people should own a mobile phone or learn to drive.

2 Talk together about your topic, going into as much detail as possible about what you all think and why.

Top tip

Make sure everyone gets the chance to speak and do your best to understand where other people are coming from.

3 Now take a pen and sheet of card each. Write your first name at the top and note down your opinion with the main reasons for it. For example, is it the crunchiness of chips that you love, or the fact that they go with so many different sauces?!

4 Ready for a challenge? Join up with another group and sit opposite them.

5 Shuffle together the cards of the people in your group, then lay them face down in front of you, making sure no one knows which card's which. In a moment you're going to each pick a card and talk about the opinion on it. The other group will have to guess whether or not you're talking about your own opinions. Your goal as a group is to trick them into guessing wrong! Choose someone in your group to go first.

6 If you're first, pick a card at random and talk for up to 30 seconds about the opinion on it.

Top tip

If it's not your card, really put yourself into the shoes of the person who wrote it. If you've picked your own card, think about ways you can trick the other group into thinking you might be bluffing.

7 Choose someone to go next and keep going until everyone in the group has had a go.

8 The other group can now ask each person in your group one question. Next, they have to guess if anyone was talking about their own opinion.

9 Swap around so the other group gets a go too.

10 When you've all finished, talk together about what it's like to take on someone else's point of view.